

## **Technical restrictions for U12 Competitions and Promotion Examinations 7 - 9th Mon**

From the 1st January 2007 the BJA will be employing technical restrictions routinely at all events for Children up to and including the age of 12. As an integral part of the Associations 'Technical renaissance' launched at the Technical congress held last September this initiative has 'Long-term player development' at its core.

**Competitions for under 10's** - Players below the age of 10 will be restricted from performing the following actions during contests:

No Sutemi waza (sacrifice body drop technique),

No Kubi Nage (forms of hip throws with the hand grab around the neck),

No Knee drop techniques (particularly, drop Seoi Nage and variations of drop Kata Guruma)

No form of leg grab (including 'hand assisted' Ko Uchi Gari and O Uchi Gari).

**Competitions for under 12's** - Players below the age of 12 will be restricted from performing the following actions during contests:

No Kubi Nage (forms of hip throws with the hand grab around the neck),

No Knee drop techniques (particularly, drop Seoi Nage and variations of drop Kata Guruma)

No form of leg grabs (including 'hand assisted' Ko Uchi Gari and O Uchi Gari).

Please note: Modified rules will be applied to all official BJA events for the age group under 12. No penalties will be given for incidental application of the prohibited techniques, but verbal explanation.

No continuation into groundwork will be allowed unless it follows a successful scored throw. The minimum quality score given at events U12 will be yuko.

**Competitive Promotion examinations below 10th Mon** - (i.e. for promotion to 7th, 8th & 9th Mon):

Regardless of the players age, the technical restrictions described above will apply to ensure that techniques beyond the knowledge of players conforming to the new competitive structure are not applied.

*"The BJA National Refereeing and Competition Commission are actively supporting the implementation of this policy via "referees briefings and updates" prior every official BJA event U12, to ensure that the usage of these techniques will be prevented and thus discouraged. However, if participants do apply these techniques accidentally the match will be stopped with "matte", and the player responsible will not be penalised, the referees will however explain the new policy all throughout the 'transition period' of 2007. We strongly believe that by implementing of these actions we can successfully address the matters of "technical quality" of Junior Judo in Britain and very shortly make a very positive difference to our current standard".*

*BJA Technical Director  
Andrew Moshanov*

A full and detailed article relating to the new criteria will be published in the next edition of Matside Coach.